**Opinion Article**

**Formatting:**

Text-Font: Times new Roman

Title size: 15 (Bold)

Title Alignment: Centre

Headings size: 11 (bold)

Sub headings size: 10 (bold)

Figures/tables alignment: Centre

Text-alignment: Left

**Title Page**

**Type of Article:** Opinion/perspective

**Title:** [Title of manuscript in title case]

**Authors:** [List all author names here; e.g., Authors1, Author2] [only one or two]

1Author name, author department, University, country

2Author name, author department, University, country

**\*Corresponding author:** Author name, contact address, city, state, country, Tel: ; Fax: ; E-mail:

**Keywords:** Keyword; keyword; keyword; keyword; keyword. [Enter Four to five keywords here]

**Abbreviations:** [Please enter your text here or paste the text]

**Manuscript organization**

**Abstract:** [Less than 250 words for all manuscripts] [do not use reference numbers here]

**Introduction:**

[Please enter your text here or paste the text] [1-5]

**Side-Headings:** [Optional]

**Conclusion:**
[Please enter your text here or paste the text] [13-15]

**Acknowledgements**

[List here any individuals who contributed to the work, along with grant details if applicable.]

**Conflict of Interest**

[Please disclose any financial interests or conflicts of interest here.]

**Endnotes**

[endnotes text]

**References**

References in the text should be in square brackets, e.g. [1,2,3], for multiple references e.g., [1, 2-5] and figures/tables are in parenthesis, e.g. (Figure 1) or (Table 1)]

[All references should be cited consecutively in the article. List them here in numerical order of citation, listing all authors if fewer than five. If there are more than five authors, list the first five followed by "et al."]

**General style of reference:**

Author(s). Title of article. Journal short name. Year; Volume (issue): Full inclusive page numbers.]

**For a book:**

Author(s). Title of the Book. (Edition). Publisher Name, Place, City, Country, (Year); pp. Full Inclusive Page Numbers.

**For a chapter in a book:**

Author(s). Chapter/Topic Name. In: Author(s)(Editors.), Book Name. (Edition). Publisher Name, Place, City, Country, (Year); pp. Full Inclusive Page Numbers.

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